



## Join us, on Saturday 28th or Sunday 29th Sept. for our Benefice

## Pilgrimage Walking Weekend

Across Saturday 28th and Sunday 29th of September 2024, join us as we walk around our communities and pray for them. You can walk any of the 3 parish walks or all three, over the weekend, if you are keen! Each walk is between 3 & 5 miles and supportive maps, routes and prayer resources are available in the church porches, or by following this link: <a href="Blog - DQOW Benefice">Blog - DQOW Benefice</a>



## What is a pilgrimage walk?

The idea of a pilgrimage, travelling to a special place, as a spiritual activity, can be found across the globe and is a feature in many different faiths. The focus is not only on the destination but the journey itself, as a space for spiritual exploration and renewal. In our Pilgrimage Walking Weekend we hope to capture something of this as we walk around our communities. It also harkens back to a tradition which started in medieval times of 'beating the bounds'. Annually, people would gather and walk together the parish boundary to preserve the local knowledge of where it was and to pray for the area.

Whether you're a walker or not, you're welcome to join us at 4pm, on 29th at Lentworth Farm, Over Wyresdale — LA2 9BE for a short celebratory service, the awarding of medals and cups for all who took part, and light refreshments.